

Wine and Beer

Available after 5 pm

RED

- Madregale Rosso Terre di Chieti 2016 | Montepulciano D'Abruzzo/ Sangiovese | Cantina di Tollo, Abruzzo|12.5% ABV| £18.00
- "Feldo" Coste della Sesia DOC Rosso 2016 |Cascina Fabio Zambolin|Cossato (BL)|13.5% ABV| £ 26.00

WHITE

- Madregale Bianco Terre di Chieti 2016 | Cantina di Tollo, Abruzzo Trebbiano D'Abruzzo, Chardonnay |12% ABV| £18.00
- "Consono" Verdicchio dei Castelli di Jesi Superiore Consco 2015 | Accadia, Marche | 100% Verdicchio | 13.5% ABV| £25.00

BEER

- Peroni Libera| Birrificio Peroni, Italy | 0.0% ABV | £3.50
- Peroni | Birrificio Peroni, Italy | 5.1% ABV | £3.50
- Brick Lane Lager | Redchurch Brewery |4.7% ABV £4.00
 - Bethnal Pale Ale | Redchurch Brewery |5.5%ABV £4.00
- Hoxton Stout | Redchurch Brewery |6% ABV £4.00

Tel: 02077392266

Email: info@frizzantecafe.com

Our minimum order is £20 or £2.50 will be charged for the **DELIVERY**

FRIZZANTE

HACKNEY



From Monday —
— Till Sunday
9.30 am — 10 pm

Breakfast From 9.30 am till 12.30

- **Farmers Breakfast** : Free-range scrambled eggs, grilled back bacon, handmade sausage, grilled flat mushroom, homemade baked beans, roasted tomato with oregano & homemade toasted organic sourdough. £8.50
- **Vegetarian Breakfast** : Free-range scrambled eggs, grilled flat mushroom, roasted tomato with oregano, sautéed spinach, homemade baked beans & homemade toasted organic sourdough. £8.50
- **Vegan Brunch** : Sautéed spinach, chestnut mushrooms, cherry tomatoes & smoked organic tofu with thyme on homemade toasted organic sourdough. £8.50

Sandwiches

- **Bacon sandwich** : Grilled back bacon served between homemade toasted organic seeded sourdough bread. £4.00
- **Sausage sandwich** : handmade sausages served between homemade toasted organic seeded sourdough bread. £4.00
- **Rump Steak Sandwich** : with grilled medium well grilled Rump Steak, grilled red onions, Mayo, & mastered, between homemade toasted organic seeded sourdough bread served with crisps. £8.50

Main course

- **Chicken and Barley Soup** : Served with homemade toasted organic seeded sourdough. £5.00
- **Meat Lasagne** : layout of egg pasta, Bolognese and béchamel Sause. £7.50
- **Vegan Lasagne** : layout of pasta, seasonal vegetables, tomato and béchamel vegan Sause. £7.50
- **Savoury Tart** : leeks, cherry tomatoes, broccolis and Feta cheese, served with seasonal Salad. £8.00
- **Pasta Bolognese** : with Penne pasta, homemade Bolognese and Parmigiano Reggiano. £8.00
- **Pasta Pesto with Grilled vegetables** : with Penne pasta, homemade Pesto, seasonal grilled vegetables and Parmigiano Reggiano. £8.00
- **Vialone Nano Risotto** : with leeks, butternut squash and Gorgonzola Cheese. £8.00
- **Aubergine Parmigiana** : A layout of Aubergine, Homemade tomato Sause, basil and mozzarella topped with Parmigiano Reggiano. £9.00
- **Slow Cooked Pork Belly** : with Root vegetables, Creamy Mash and apple Sause. £10.50
- **Wild Boar Sausages** : with Creamy Mash and Red onion & Wine Gravy. £10.50
- **Slow Cooked Beef Rib** : served with Creamy Mash and Gravy. £10.50
- **Fish and Chips** : deep fried buttered Cod fillet served with chips, peas and tartar Sause. £9.50

*Food Allergies & Intolerances: We do our best to ensure that cross-contamination does not occur but we cannot guarantee that your meal does not contain trace amounts of allergens. Please speak to a Team Member before placing your order if you have an allergy or intolerance.*although this product does not contain gluten we cannot guarantee that trace amounts are not present*

Salad

- Grilled chicken salad with Black & White Quinoa, Roast vegetables and mustard dressing. £8.50
- Broccolis, beans, tofu, cherry tomato and rice salad, finished with extra virgin olive oil & balsamic dressing. £8.50

Kids Meal

- Scramble Eggs and homemade beans, on homemade toasted organic seeded sourdough Toast. £3.50
- Chicken Cotoletta, Peas and carrots. £5.00
- Pasta with homemade Pesto and Parmigiano Reggiano Cheese. £4.50
- Pasta with homemade Bolognese and Parmigiano Reggiano Cheese. £4.50

Sides

- Marinated Grilled Vegetables. £3.50
- Nocellara Green Olives. £3.50
- Seasonal Salad. £3.50
- Whole Loaf of Homemade Seeded Sourdough. £4.50

Homemade Cakes

- Brownie. £2.50
- Carrot Cake. £2.50
- Lemon Almond Polenta. £2.50
- Vegan and Chocolate Cake. £2.50

Drinks

All our coffees are served double shot as standard, Decaff or Soya milk on request

- Espresso £2.00
- Macchiato £2.00
- Cappuccino £2.50
- Latte £2.50
- Americano £2.00
- Flat White £2.50
- Mocha £2.50
- Tea P Tips £1.50
- Erl Grey £1.80
- Herbal Tea £1.80
- Hot Toddy : Slice of lemon, fresh ginger, cloves, cinnamon stick & honey. £2.50
- Fresh Mint Tea £2.00
- Freshly Squeezed Orange Juice £2.50
- Still Water £1.50
- Sparkling Water £1.50
- Coke/Diet Coke £1.50
- San Pellegrino £2.00
- Chegworth Farm Juices £3.00
- Square Roots Sodas £3.00
- Pip Organic Juice £1.50